

PE Curriculum Map 2024-25 (LONG TERM PLAN)



*9x & 10x have four PE groups at one time, therefore two mixed groups.

Some staff will switch groups to deliver their specialist sport to improve the quality of learning of the students. Staff are in brackets.

Abbreviations key table is below the long-term plan (i.e. SH = Sports Hall)

	Year 7		Year 8		Year 9		Year 10		Year 11	
	X	Y	X	Y	X*	Y	X*	Y	X	Y
Block 1	PRE-ASSESSMENTS Autumn 1 2-week rotation of Netball/Football/Swim (3mixed groups)		Football (NHT)	Football (NHT)	Football (NHT)	Football (AHS)	1 Swim (SHN)	1 Swim (NDS)	Fball (SAT)	Fball (NHT)
			Netball (NDS)	Netball (NDS)	Netball (NDS)	Netball (NDS)	2 Astro (NHT)	2 Astro (NHT)	Netball (NDS)	Netball (SHN)
			Swim (SHN)	Swim (SAT)	Swim (AHS)	Swim (SAT)	3 Grass (NDS)	3 Grass (SAT)	Swim (AHS)	Swim (SAT)
					Invasion (SAT)		4 Netball (AHS)			
Block 2	Autumn 2 Same 2-week rotation but in set groups.		Rugby (NHT)	Rugby (NHT)	Rugby (NHT)	Rugby (SAT)	1 Astro (SHN)	1 Astro (NDS)	Rugby (SAT)	Rugby (NHT)
			Football (NDS)	Football (SAT)	Bad (NDS)	Bad (NDS)	2 Swim (NHT)	2 Swim (NHT)	Bad/TT (AHS)	Bad/TT (SAT)
			Bad (SHN)	Bad (NDS)	Invasion (AHS)	Invasion (AHS)	3 SH (NDS)	3 SH (SAT)	Dance (NDS)	Dance (SHN)
					Swim (SAT)		4 Grass (AHS)			
Block 3			Bball (NHT)	Bball (NHT)	Vball (NHT)	Vball (SAT)	1 SH (SHN)	1 SH (NDS)	Fball (SAT)	Fball (NHT)
			Dance/Fit (NDS)	Dance/Fit (NDS)	Swim (NDS)	Swim (NDS)	2 Grass (NHT)	2 Grass (NHT)	Hand (NDS)	Hand (SHN)
			Fball/Rug (SHN)	Fball/Rug (SAT)	Fitness (AHS)	Fitness (AHS)	3 Swim (NDS)	3 Swim (SAT)	Fitness (AHS)	Fitness (SAT)
					Invasion (SAT)		4 Astro (AHS)			
CHRISTMAS HOLIDAYS										
Block 4	Rugby (SHN)	Rugby (WTD)	Swim (NHT)	Swim (NHT)	Swim (NHT)	Swim (AHS)	1 Grass (SHN)	1 Grass (NDS)	Bball (SAT)	Bball (NHT)
	Bad (NDS)	Bad (NDS)	Bball (NDS)	Bball (SAT)	Vball (NDS)	Vball (SAT)	2 SH (NHT)	2 SH (NHT)	Rowing (AHS)	Rowing (SAT)
	Fit/Dance (SAT)	Fit/Dance (SHN)	Dance/Fit (SHN)	Dance/Fit (NDS)	Invasion (AHS)	Invasion (NDS)	3 Astro (NDS)	3 Astro (SAT)	Dance (NDS)	Dance (SHN)
					Fitness (SAT)		4 Swim (AHS)			
Block 5	Fit/Dan (NDS)	Fit/Dan (WTD)	Fitness (NHT)	Fitness (NHT)	Fitness (NHT)	Fitness (AHS)	1 Netball (SHN)	1 Netball (NDS)	Vball (SAT)	Vball (SAT)
	Rugby (SHN)	Rugby (SHN)	Swim (NDS)	Swim (NDS)	Fball (SAT)	Fball (SAT)	2 Astro (NHT)	2 Astro (NHT)	Fball (AHS)	Fball (NHT)
	Bad (SAT)	Bad (NDS)	Bball (SHN)	Bball (SAT)	Vball (NDS/AHS)	Vball (NDS)	3 Grass (NDS)	3 Grass (SAT)	Fitness (NDS)	Fitness (SHN)
							4 SH (AHS)			
Block 6	Bad (SHN)	Bad (WTD)	Bad (NHT)	Bad (NHT)	Invasion (NHT)	Invasion (AHS)	1 SH (SHN)	1 SH (NDS)	Dodgeball (SAT)	Dodgeball (SAT)
	Fit/Dan (NDS)	Fit/Dan (NDS)	Rugby (SHN)	Rugby (SAT)	Fit/Dan (NDS)	Fit/Dance (NDS)	2 Grass (NHT)	2 Grass (NHT)	Swim (AHS)	Swim (SHN)
	Rugby (SAT)	Rugby (SHN)	Netball (NDS)	Netball (NDS)	Bad/TT (AHS)	Bad/TT (SAT)	3 Astro (NDS)	3 Astro (SAT)	Invasion (NDS)	Invasion (NHT)
					Bad/TT (SAT)		4 Astro (AHS)			

EASTER HOLIDAYS

Block 7	Tennis (SHN)	Tennis (WTD)	Tennis (NHT)	Tennis (NHT)	OCR (SAT)	OCR (AHS)	Tennis (AHS)	Tennis (SAT)
	S & F (NDS)	S & F (NDS)	S & F (NDS)	S & F (SAT)	Tennis (AHS)	Tennis (NDS)	Handball (NDS)	Handball (NDS)
	Athletics (SAT)	Athletics (SHN)	Athletics (SHN)	Athletics (NDS)	S & F (NDS)	S & F (SAT)	S & F (NHT)	S & F (NHT)
					S & F (NHT)		S & F (SHN)	
Block 8	S & F (SHN)	S & F (WTD)	S & F (NHT)	S & F (NHT)	OCR (SAT)	OCR (AHS)	Softball (NHT)	Softball (NHT)
	Athletics (NDS)	Athletics (NDS)	Athletics (NDS)	Athletics (SAT)	S & F (NDS)	S & F (NDS)	Bad (NDS)	CTF (SAT)
	Tennis (SAT)	Tennis (SHN)	Tennis (SHN)	Tennis (NDS)	CTF (AHS)	CTF (SAT)	CTF (AHS)	Bad (NDS)
					CTF (NHT)		CTF (SHN)	
Block 9	Athletics (SHN)	Athletics (WTD)	Athletics (NHT)	Athletics (NHT)	OCR (SAT)	OCR (AHS)	Fball (NHT)	Fball (NHT)
	Tennis (NDS)	Tennis (NDS)	Tennis (NDS)	Tennis (SAT)	CTF (AHS)	CTF (NDS)	UF (SHN)	UF (SAT)
	S & F (SAT)	S & F (SHN)	S & F (SHN)	S & F (NDS)	Tennis (NHT)	Tennis (SAT)	S & F (NDS)	S & F (NDS)
					Tennis (NDS)		S & F (AHS)	

END OF TERM

What happens in each year?

Year 7: Year 7 students will be randomised into three mixed gender and ability groups for the first half term. Each teacher will follow their group around and assess them in line with **GOLD**, **SILVER**, **BRONZE** for Football, Netball and Swimming. At October half term, students will be set from this point to follow exactly the same sporting curriculum but in a different order for the remainder of the year.

Year 8/9: In set groups from previous years. Following nearly the same curriculum.

Year 10: OCR group are all students taking OCR sports. The other two groups in core PE are split into boys, girls and mixed. These are now to be taught as more structured lessons in specific groups. Facilities have been allocated rather than sports to suit the needs of the students and to allow variance in OCR Practical Assessment. In the Summer Term for Year 9, this will follow the same format. From Easter onwards, students will start an options process, choosing a sporting activity per block and then remaining on it for the whole block.

Year 11: Options per block. Every student opts for one sporting activity per block. Different options put on every block. From Easter onwards, different options will be put per lesson including a revision session in a classroom.

Key (abbreviations)

S & F	Striking & Fielding
CTF	Capture the Flag
UF	Ultimate Frisbee
Fball	Football
Rug	Rugby
Vball	Volleyball
Bad	Badminton
TT	Table Tennis
Bball	Basketball
Fit	Fitness
Dan	Dance
SH	Sports Hall