



VI Enrichment Offer 2024/25

You will **pick any three** from the following, but you must pick three.

The National Trust Leadership Skills Award

The National Trust are working with Purbeck VI to bring essential leadership skills to life through a practically applied qualification, empowering learners with the confidence to believe, the qualities to lead and the skills to succeed. Do you have ambitious hopes and inspirational dreams of how you can change the world around you? This award takes your optimism and determination to generate the impact you want to have by delivering a project for positive change. Successful learners attain a Level 3 leadership award and 8 UCAS points.

Finance with Mr Waterman

Learn more about the nuts and bolts of personal finance with Mr Waterman, including saving, borrowing, tax, financial security and making the most of your money. A course supported by Martin Lewis' 'Your Money Matters'.

Cooking on a Budget with Mr Eden

In the not too distant future you are more than likely going to start buying and cooking your own food – some may already be doing this.

Being able to plan and prepare food that is tasty and nutritious and affordable is such an important life skill. The aim of this enrichment is for it to be a fun practical session where you will make food that is easy to make and tasty as well as being low cost. You will be provided with a recipe booklet to take home that not only includes a great variety of recipes but some hints and tips to help you. You may be asked to bring in some additional ingredients to compliment the dishes we will make. Any dietary needs can be accommodated and this will be discussed in the first lesson.

EPQ with Miss Wetherall and Mrs Armstrong

EPQ is short for Extended Project Qualification. An EPQ is an independent research project. It involves you independently researching a topic of interest which is not covered in your A Levels and writing an essay of 5000 words (that's around 10 typed pages). As the project evolves, you must complete a production log to record specific stages of the project and this also contributes to your project result. The third component of the project is an oral presentation. Generally, the whole process from start to finish takes about 120 hours. It will require you to research your topic of interest out of the EPQ sessions. You will be expected to attend each session where your supervisor will discuss your progress and guide you through the stages of the project. It is the equivalent of half an A Level. If you choose EPQ, this will be your sole enrichment for year 12 and 13.

Art/Craft/DIY with Mrs Field

Would you like to see exciting and colourful spaces in and around school? Do you want to make your mark and create a legacy of your time at The Purbeck School? Then this enrichment opportunity is for you.

Join us to make spaces in and around The Purbeck School a little brighter, happier and inviting. We will work together to design murals, sculptures and banners that will invigorate spaces in the school. You will learn transferable skills such as design and problem solving, and develop practical skills that you can use to create your own exciting spaces at home.

Music with Mr Burns

Do you play an instrument or enjoy singing? If so, this is a perfect opportunity for you to utilise and develop your musical skills whilst having fun. We will be forming a band (or bands), to rehearse together each week and develop your instrumental and ensemble skills. Once we have prepared some high-quality music then there will be opportunities for some/all of you to perform around the school or local community. Develop crucial employability skills of creativity, teamwork, communication and problem solving. We will be open to suggestions about songs and styles you want to learn and perform together.

Environmental change with Mrs Robinson

Are you interested in making a positive impact on our environment? We will be doing a range of activities that centre around improving biodiversity, and raising awareness of environmental concerns and small changes that can be made to make a difference. This will involve working with several local community groups and organisations.

Arts and crafts with Miss Stewart

Do you fancy doing something fun? Do you want to do something creative? Do you want to spend Wednesday afternoons relaxing and taking a break from your academic work? If the answer is YES, then come and do something artistic or crafty.

What are the benefits to your mental health:

- Provide relaxation. Relief from stress.
- A sense of accomplishment. Reduce feelings of anxiety.
- Enhance feelings of confidence. Improve cognitive abilities.
- Increase social skills and interactions

What sorts of things will we do?

- Colour for mindfulness Make cards for Christmas etc.
- Pom-pom making Cross-stitch
- Origami

Boardgames with Mr Nicolaidis/Mr Wilde

Do you like playing games? Would you like to compete against your peers... and win? Do you want to have fun on Wednesday afternoons?

If so, boardgames are for you.

How will you benefit from playing boardgames?

- Increase your brain's function. Reduce stress and have a laugh.
- Enhance creativity and self-confidence.
- Improve social skills. Learn how to think strategically, set goals and develop patience.

What will you learn?

- Discover how to reduce reliance on luck, or chance; instead you will develop an adaptable, methodical strategic approach to playing games.

Games will include traditional and well-known ones such as Risk, Monopoly and Mastermind, as well as the introduction of contemporary ones such as Mind Genius.

Stretch and Breathe with Mrs Pike

Join me to calm your body and mind. We will look at relaxation techniques and use yoga style stretches. You will need to wear comfortable clothing.

Film Club with Mr Clay

We aim to view seminal and classic films and the film itself is very much the group's decision. Either way, it is a very enjoyable and relaxing way to spend an hour escaping the stresses and strains of school work.

Please feel free to come and ask me any questions.

Primary teaching organised by Mr Holmes

Experienced gained by volunteering is highly-prized by future employers and higher education providers. This enrichment offer will see you helping to plan educational sessions in our partner primary schools including those in Wareham and Stoborough (unfortunately some are too far away to make it viable). You may spend an afternoon reading 1:1 with students in Year 3 or 4, or co-leading a Maths or Science workshop for Years 5 and 6. Maybe we will even get to do potato printing!

If you are interested in working with young people in the future then this might be the enrichment option for you.

Sport with Mr Smith

Whether you are a sports fanatic, or just want to feel healthier, this is the enrichment for you! We will coach you in getting fitter with a multitude of team sports. By the end of the enrichment cycle you will hopefully be able to run continuously for 30mins or longer, and will feel fit and healthy. You will also have had the opportunity to test yourself against not only your peers, but Mr Smith and Mr Tullett, in a variety of sports!

Other enrichments that we will run separately to the Wednesday programme:

Gap Year Club with Mr Holmes (after school on Tuesdays, Week B)

Presentation and Interview Skills with Mr Dunn (tbc)

CPR with Mrs Scott (this will be delivered a tutor group at a time)

Remember, add three options in order of preference and we will do the rest 😊